



Birth, Baby and Beyond Contract Facilitator

Whistler Community Services Society is seeking a *contracted* Birth, Baby & Beyond Group Facilitator. This is a unique opportunity to make a significant impact on the lives of new mothers and their babies in our community.

Contract Details:

October 2023 until June 2024 on a weekly contract of 2 hours/week at a rate of pay of \$100/hr which includes program facilitation of the 1 hour weekly program and administration support.

About the Role:

As a Birth, Baby & Beyond Group Facilitator, you will lead and nurture a highly regarded weekly discussion group aimed at providing essential support to new mothers during the postpartum journey. This 6 to 8 week closed group serves as a safe haven for mothers and their infants (0-12 months old) to come together, share experiences, and explore the joys and challenges of motherhood. Your empathetic nature, strong communication skills, and expertise in the perinatal wellness field will create an environment where participants feel understood, valued, and empowered.

Key Responsibilities:

- Plan and facilitate engaging and supportive group discussions for new mothers and their babies.
- Foster a warm and inclusive atmosphere that encourages open dialogue and connection among participants.
- Stay updated on the latest perinatal wellness practices, maternal mental health resources, and local support networks.
- Provide resources and referrals as needed to address the diverse needs of group participants.
- Uphold a professional and ethical standard in line with the organization's values and guidelines.

Qualifications and Skills can include:

- Strong background in perinatal wellness with proven experience in group facilitation.
- Successful completion of Postpartum Group Facilitator training.
- Familiarity with the Mothers Mental Health Toolkit and Perinatal Support Skills & Group Facilitation Training.
- Ability to deliver sensitive and respectful care to new mothers in the postpartum period.
- Empathy, active listening, and excellent communication skills.
- Knowledge of maternal mental health resources and local support networks.
- Comfortable working with vulnerable populations and ensuring their well-being.
- Successful completion of a Criminal Records check for vulnerable sectors.
- Flexibility to commit to a contract position from October 2023 to June 2024.

Application Process:



WHISTLER
COMMUNITY SERVICES
— SOCIETY —

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Please submit your resume and a cover letter detailing your relevant experience to Lisa Coulter, Director of Social Services at lisa@mywcss.org. Applications will be accepted until September 12th/2023.