



November 1-5

Connect Whistler is a week filled with fun, social activities designed to help newcomers get better acquainted with their new home and the community of Whistler.

mywcss.org/connectwhistler

MONDAY NOV. 1

Full Body Boost**

1:45-2:45PM

MEADOW PARK SPORTS CENTRE

Full body workout incorporating movements in all planes of motion.

Games Night*

6-8PM | WHISTLER PUBLIC LIBRARY

Presented by the Whistler Public Library.

Join the Friends of the Library for fun and games. Bring a friend, play an old favourite or learn a new game, and win prizes!

Meditation Monday*

7-8PM | IN PERSON

Presented by Late & Unique Nighttime Activities.

TUESDAY NOV. 2

Vakandi Fit**

11:15AM-12:15PM

MEADOW PARK SPORTS CENTRE

Is a workout bringing you the mindfulness of a yoga class with structure of a boot camp fitness class.

Whistler Can Cook*

12:30-1:30PM | ONLINE

20 FREE meal kits available to be picked up Monday from 9am - 4pm & Tuesday from 9am -12pm from Whistler Community Services Society. Hosted by Welcome Centre Whistler and sponsored By Whistler Food Bank.

Renting in Whistler 101*

6-7:30PM | WHISTLER PUBLIC LIBRARY

Zero Ceiling presents your crash course on being a tenant in Whistler.

Grown-Up Drag Storytime

9-9:30PM | ONLINE

Presented by Alphabet Soup.

Join Whistler's favourite drag queen, Carlotta Gurl for an adults-only Drag Storytime! Check out the love on the Whistler Public Library's Facebook page.

WEDNESDAY NOV. 3

Move, Roll & Release*

1:45-2:45PM

MEADOW PARK SPORTS CENTRE

A slower paced class which melds movement with balls and foam rollers to release tension, improve range of motion and establish healthy movement patterns

Laugh Authority*

3:30-5PM | WHISTLER COMMUNITY SERVICES

Get ready for laughter, get ready for a dynamic environment where we master the art of learning-through-doing... and learning through laughter!

Proof of COVID-19 vaccination and government-issued ID will be required for entry to this event.

Backcountry Skiing and Avalanche Awareness Presentation*

7:30-9PM | MY ARTS CENTRE

The amazing team at Mountain Skills Academy & Adventures will host a Backcountry Skiing & Avalanche Awareness presentation. **Proof of COVID-19 vaccination and government-issued ID will be required for entry to this event.**

THURSDAY NOV. 4

Valley of Dreams Walking Tour*

11AM-12PM | WHISTLER MUSEUM

Get to know Whistler's unique history with this one hour tour.

Guided Museum Tour*

1-2PM

SQUAMISH LIL'WAT CULTURAL CENTRE

Throughout this tour your group will view artifacts and hear stories that give an overview of the past and present way of life of the Squamish and Lil'wat peoples.

Naloxone Training*

4-5PM | WHISTLER COMMUNITY SERVICES

Hosted by Whistler Community Services Society.

FRIDAY NOV. 5

Guided Audain Museum Tour*

11:15AM-12:15PM | AUDAIN ART MUSEUM

Join the Audain Art Museum's knowledgeable Docent for an intimate look at their Permanent Collection of BC art from a unique, curatorial perspective. **Proof of COVID-19 vaccination and government-issued ID will be required for entry to this event.**

Valley of Dreams Walking Tour*

12:30-1:30PM | WHISTLER MUSEUM

Get to know Whistler's unique history with this one hour tour.

Zumba**

1:45-2:45PM

MEADOW PARK SPORTS CENTRE

This class is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™.

*These events require advance registration as space is limited. Email jbruce@whistlerlibrary.ca to sign up.

**All fitness classes at Meadow Park Sports Centre require advance registration via mywcss.org/mpsc-registration. No drop-ins. Proof of vaccination is required to access Meadow Park Sports Centre for all people aged 12+.

For the most up to date information visit our website or follow us on social media
 @ [whistlercommunityservicessociety](https://www.facebook.com/whistlercommunityservicessociety)

mywcss.org



SCAVENGER HUNT

