



WHISTLER
COMMUNITY SERVICES
— SOCIETY —

DECEMBER 2020

SUPPORT US

Support For A Healthy Community



A Note From Our Executive Director



I would like to thank you for your support, commitment and connection to Whistler Community Services Society. This year is unlike anything our organization has experienced in our 30 years of service. We are thankful to our staff who have continued to work, navigate and assist the community, our donors for their trust and support, our clients for continuing to connect and reach out during uncertain times. Despite a year filled with challenge and uncertainty, our organization and community has demonstrated strength in reaching out, asking for help, showing support and creating a sense of belonging. The onset of the pandemic brought about record demand for both our food security and outreach programs, this second wave certainly is a reminder that the social challenges of a global pandemic, on a local level, are still present, established and our work here at WCSS is required as much or more than ever.

This October, our Outreach Services program experienced a significant increase in demand with our team facilitating over 740 client meetings with individuals who were looking for assistance in the areas of mental health and emotional support. This is the

highest number of client meetings, in the history of Outreach services and the largest single month of connection since the pandemic started in the spring. These connections and a willingness to access support is a demonstration of strength within our community during a very difficult time.

2020 also brought in an enormous groundswell of local support for the services we provide. From online live streamed concerts, peer to peer fundraising efforts, continued local support at our social enterprises of the Re-Build-It and Re-Use-It Centres, and other fundraising campaigns; you our supporters, made donations of cash and in-kind goods which ensured our team was able to continue our essential services. I have personally received so many notes of gratitude from our clients stating that they don't know where they would have turned if WCSS wasn't here to give them a hand up.

On behalf of our clients, board of directors, staff, and volunteers I would like to say a huge THANK YOU to the Whistler community for the outpouring of support that WCSS has been the beneficiary of this year. Whistler truly is a remarkable community.

With Gratitude,
Jackie

A handwritten signature in cursive script, appearing to read 'Jackie', enclosed in a light grey rectangular box.



Updated Re-Build-It Centre Hours

The Re-Build-It-Centre has updated its shopping and donation hours to be 10am to 5pm. A reminder to please not leave donations at either the Re-Build-It or Re-Use-It Centres outside of donation hours. Thank you.

[**Re-Build-It Centre**](#)

Giving Tuesday

December 1st was Giving Tuesday, a one day movement dedicated to giving back to charities across Canada and around the world. Our campaign this year focused on our 3 programs which support local children attending camp for sports, arts, or general interest. We are pleased to advise that the success of this campaign will allow 25 more local children to attend camps of their choice in the coming year.



Kids Camp Support



Concussion Support

Are you recovering from (or know someone recovering from) a concussion? Then this group could be for you. Anyone 16 and older in the Sea to Sky Corridor experiencing post concussion symptoms.

You will receive:

- * Education about community support and resources available
- * Deliberate and targeted self-help strategies for managing post concussion symptoms

* Space to share personal victories and challenges and encourage peer support

Contact Dan to register at dan@mywcss.org

Concussion Support Group

12 Days of Whistler Joy

As 2020 winds down, we could all use a little joy in our lives right now. How about 12 days worth? The Community Well-being Subcommittee of the Whistler Recovery Working Group is excited to share “12 Days of Joy” for Whistler starting December 20.

12 Days of Joy includes 12 ideas for local activities for residents to lift your spirits, inspire outdoor time and create connections. A calendar with 12 Days of Joy can be found on Arts Whistler’s website at www.artswhistler.com.

Some of the ideas to inspire joy include baking, snow sculptures, and random acts of kindness. Community members are encouraged to snap a pic of themselves engaging in or spreading joy and send it to joy@whistler.ca for a chance to win prizes.

Free admission at the Squamish Lil'wat Cultural Centre. To boost the joy even

more- the Squamish Lil'wat Cultural Centre will offer free admission from December 20 to January 24 in partnership in Truth and Reconciliation with the Resort Municipality of Whistler.

1 LACE UP: Go skating at Whistler Olympic Plaza	2 BAKE ON: Bake cookies or make a gingerbread house (recreate a local house or building)
5 DISCOVER: Find an Inuksuk in Whistler or explore Whistler's outdoor public art. artswhistler.com/map/location/village-map	6 SPARKLE: View Whistler's festive lighting. Don't forget Creekside and Upper Village for extra sparkle.

[Read More](#)



Getting To Know Us

Meet Lisa from our Outreach Services team. After growing up in Kincardine, ON; Lisa pursued further education and graduated from the University of Guelph with a

bachelor of applied science. She quickly decided to pursue a career in helping others through supporting work that leads to positive outcomes for people facing some of life's challenges. Calling Whistler home for the past 4 years, we have been lucky enough to have her with us here at WCSS working with our clients for the past 2 and half years. When not helping our community members, Lisa enjoys skiing in the winter and biking in the summer - she clearly has a passion for the mountains.

Whistler Community Services Society provides inclusive support to build a resilient community. Following our values of *Trust, Respect, Inclusion, Advocacy, and Collaboration*; we aim to work with the community to deliver low barrier services for healthy living.



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Our mailing address is:

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